



# Voice, Exit, Loyalty, Neglect: What Hirschman Can Teach Us About Product Teams

Anna Lavrova

# “Hi, I am Anna and I am an Organisational Coach”

## CERTIFICATIONS

-  THEORY U COACHING 2019
-  CERTIFIED LESS PRACTITIONER 2017
-  NON VIOLENT COMMUNICATION COACH 2022
-  INTERNATIONAL COACH FEDERATION (ICF) CERTIFICATION 2022
-  INCLUSIVE CULTURES COACHING 2024
-  CERTIFIED KANBAN PRACTITIONER 2016
-  CO-ACTIVE COACHING 2020
-  ORGANIZATIONAL RELATIONSHIPS SYSTEM COACH 2021
-  CERTIFIED ORGANIZATIONAL DEVELOPMENT COACH 2022
-  CERTIFIED SAFE AGILIST Since 2017
-  INTEGRAL COACHING 2021
-  CERTIFIED EXECUTIVE COACH (CEC) 2021
-  CYNEFIN TRAINER 2024



**ANNA LAVROVA, WEMANITY REPLY BELGIUM**

# Most teams don't collapse...



# Most teams don't collapse, they disengage



**retros become polite**

**engineers stop arguing about architecture**

**people start saying “whatever”**

# Most teams don't collapse, they disengage



**retros become polite  
engineers stop arguing about architecture  
people start saying “whatever”**



**cynicism  
is the strongest predictor of attrition**



**The Five Behaviors<sup>®</sup> Model**



**The Five Behaviors<sup>®</sup> Model**

# The Pattern We Miss

**declining quality**  
**fewer improvements**  
**passive execution**



**lack of motivation**  
**poor attitude**  
**skill problems**

**Albert O. Hirschman (1915–2012) was a German-born economist, political thinker, and social scientist whose work sits between economics, political science, and sociology.**

**Albert O. Hirschman (1915–2012) was a German-born economist, political thinker, and social scientist whose work sits between economics, political science, and sociology.**

**You can now bet on German train delays**

bahn.bet

Open

FYI

### A statement from DBSM Corporate

In January 2026, Germany's federal court ruled that purchasing a Deutsche Bahn ticket constitutes a form of gambling (Glücksspiel), citing that "the probability of arriving on time is statistically comparable to a coin flip."

Rather than contest the ruling, DBSM embraced it. If riding our trains is gambling, then passengers deserve the right to hedge.

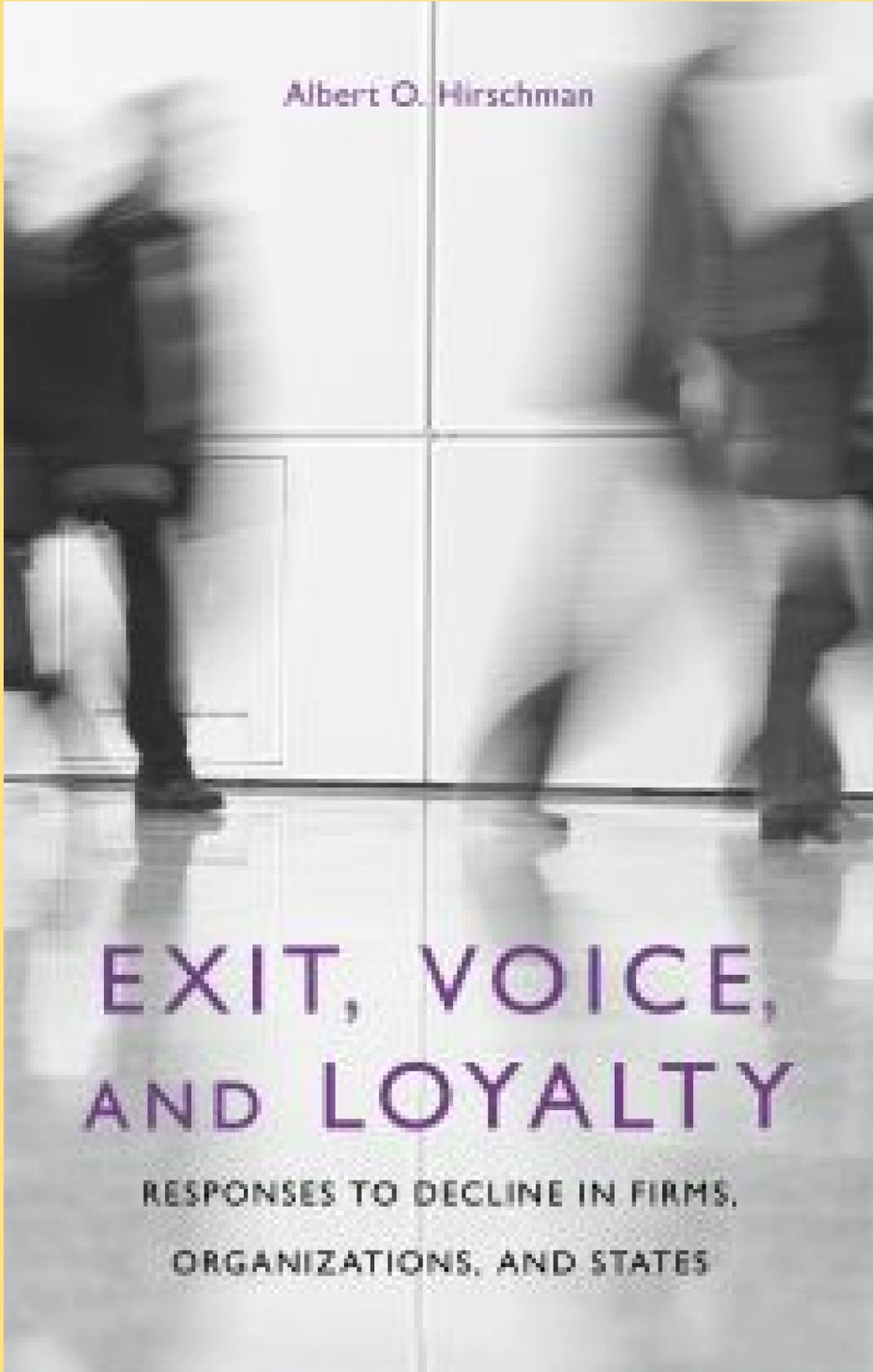
BahnBet is our answer: a platform where you can bet against your own train, turning delays into suffering, and suffering into profit. Every minute of punctuality you lose, you can win back in deliciously valuable caßh.

The DBSM Board of Directors. *Pain with every delay™*

BahnBet

*Profit™ with every delay*

**THE RAILWAY WAS EXPERIENCING A  
DETERIORATION IN SERVICE QUALITY,  
YET THE TYPICAL ECONOMIC RESPONSE OF  
"EXIT" (CUSTOMERS SWITCHING TO  
COMPETITORS)  
WAS NOT OCCURRING**



Albert O. Hirschman

# EXIT, VOICE, AND LOYALTY

RESPONSES TO DECLINE IN FIRMS,  
ORGANIZATIONS, AND STATES

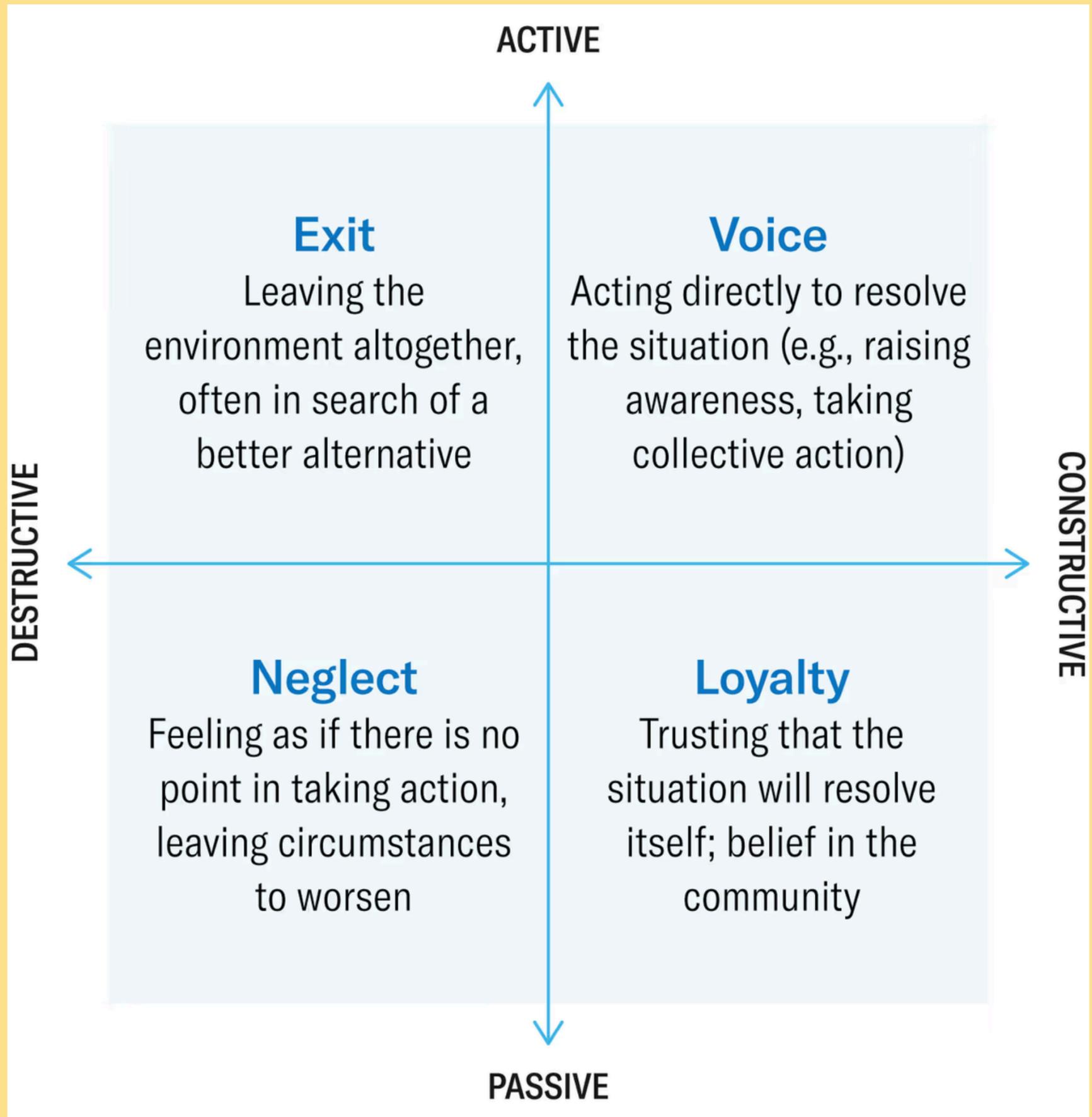
### 3 possible responses



*Adapted from Exit, Voice, and Loyalty by Albert O. Hirschman (1970)*

**What do people do when the organizations they depend on start to deteriorate?**

**ignored tech debt**  
**reversed product decisions**  
**roadmap chaos**  
**constant priority shifts**



**Voice becomes more important  
when Exit is costly**

**Without loyalty, systems would  
simply experience rapid exit  
instead of attempts to repair**

# The Dangerous One: Neglect



# Most teams don't collapse, they disengage



**retros become polite  
engineers stop arguing about architecture  
people start saying “whatever”**



**cynicism  
is the strongest predictor of attrition**

# Teams stop speaking up when:

- 1) previous feedback changed nothing
- 2) leaders punish dissent



Over time:  
Voice → Loyalty →  
Neglect → Exit

# What Leaders Usually Try

**more process**  
**more tracking**  
**more reporting**  
**more alignment meetings**



# What Voice Looks Like in Engineering Teams

**engineers challenge product assumptions**

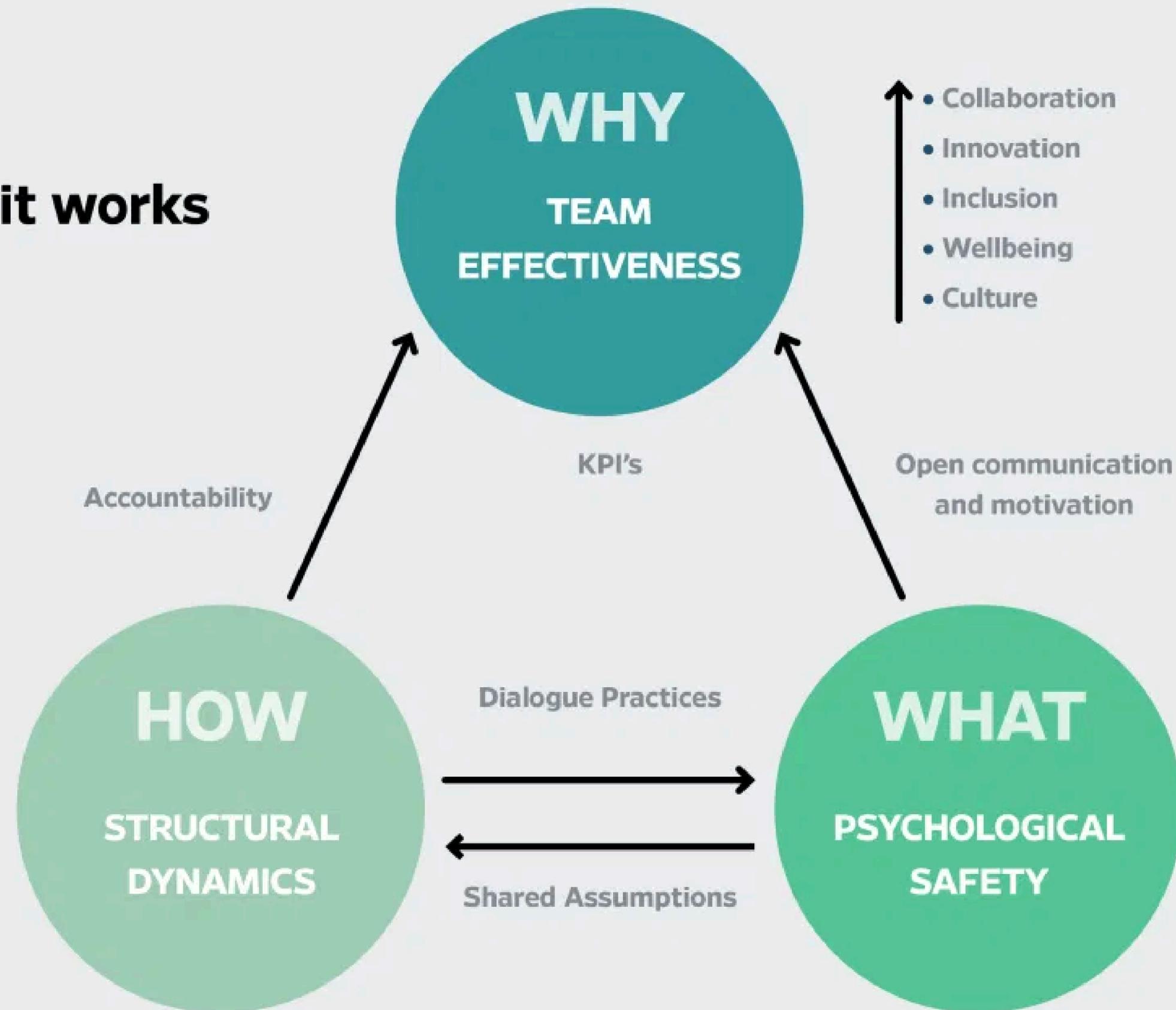
**retros produce real changes**

**architecture debates happen openly**

**teams propose experiments**

**Voice is friction that improves the system**

## How it works



# Visible Response Loops

**what was accepted**  
**what was rejected**  
**why**



**People speak up when voice produces action.**

Psychological Safety is

A belief that you and others  
will not be punished or humiliated  
for speaking up with  
ideas, questions, concerns or mistakes.

# Google Project Aristotle identified psychological safety as the #1 predictor of team effectiveness.

## The 4 stages of psychological safety



### Stage 1

#### Inclusion safety

Inclusion safety satisfies the basic human need to connect and belong. You feel safe to be yourself and are accepted for who you are, including your unique attributes and defining characteristics.

Inclusion in exchange for human status and the absence of harm



### Stage 2

#### Learner safety

Learner safety satisfies the basic human need to learn and grow. You feel safe to engage in the learning process—asking questions, giving and receiving feedback, experimenting, and even making mistakes.

Encouragement to learn in exchange for engagement to learn.



### Stage 3

#### Contributor safety

Contributor safety satisfies the basic human need to make a difference. You feel safe to use your skills and abilities to make a meaningful contribution.

Autonomy and accountability in exchange for results.



### Stage 4

#### Challenger safety

Challenger safety satisfies the basic human need to make things better. You feel safe to speak up and challenge the status quo when you think there's an opportunity to change or improve.

Individuals or organizations are protected in their vulnerability when they challenge the status quo

# The 4 stages of psychological safety



## Stage 1

### Inclusion safety

Inclusion safety satisfies the basic human need to connect and belong. You feel safe to be yourself and are accepted for who you are, including your unique attributes and defining characteristics.

Inclusion in exchange for human status and the absence of harm



## Stage 2

### Learner safety

Learner safety satisfies the basic human need to learn and grow. You feel safe to engage in the learning process—asking questions, giving and receiving feedback, experimenting, and even making mistakes.

Encouragement to learn in exchange for engagement to learn.



## Stage 3

### Contributor safety

Contributor safety satisfies the basic human need to make a difference. You feel safe to use your skills and abilities to make a meaningful contribution.

Autonomy and accountability in exchange for results.



## Stage 4

### Challenger safety

Challenger safety satisfies the basic human need to make things better. You feel safe to speak up and challenge the status quo when you think there's an opportunity to change or improve.

Individuals or organizations are protected in their vulnerability when they challenge the status quo

**1) NORMALIZE  
DISAGREEMENT (RITUAL  
DISSENT AND FIVE  
BEHAVIOURS)**

**2) SHOW RATIONALE  
BEHIND YES OR NO**

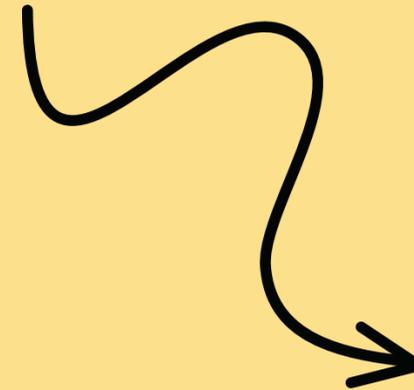
**3) REWARD VOICE NOT  
LOYALTY**



WHAT MUST LEADERS DO

# Thank you

connect with me if you want this deck  
and drop me some feedback please



**Anna Lavrova**

Organisational Coach | Agile  
Consulting & Transformation | Leader...

